# Right Time + Right Place = Right Care

When you are sick or injured, you want to get relief quickly. But do you go to your primary care doctor, an urgent care center or the emergency room? Let this guide help you decide. **When in doubt, call 911**.



# **PRIMARY CARE**

For general illness and non-urgent conditions, start with your primary care provider (PCP).



### **URGENT CARE**

Can't get in to see your PCP, but it's not a life-threatening condition? Go to your closest urgent care center. In addition to serving adults, we provide pediatric urgent care for children older than 12 months.\*



## **EMERGENCY ROOM**

Chest pain, acute onset illness or severe injuries need more care than your PCP or an urgent care center can offer. That is when you should go to the emergency room.

\*UM Urgent Care Downtown Campus (Penn St.) sees patients 18 years and over.

# PEDIATRIC EMERGENCY

If your baby or child is suffering a lifethreatening condition, call 911 or go to an emergency room immediately.



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	WHEN TO VISIT PRIMARY CARE	WHEN TO VISIT URGENT CARE	WHEN TO VISIT EMERGENCY ROOM
Abdominal Pain	(mild)	• (mild)	(severe)
Allergic Reaction		• (mild)	(severe)
Animal Bite		•	•
Breathing Difficulty			•
Broken Bones		•	•
Burns		• (minor)	(severe)
Chest Pain			•
Cold & Flu Symptoms	•	•	
Cold Sore	•	•	
Concussions		•	•
Cuts & Wounds		• (mild)	(severe)
Diabetes Management	•		
Diabetic Emergency			•
Drug Overdose			•
Ear Pain/Infection	•	•	
Eye Infections	•	•	
Eye or Head Injuries		•	•
Fever	•	•	
Heart Attack Symptoms			•
High Blood Pressure	•	•	
Immunizations/ Vaccines/Shots	•		
Insect Bite	•	•	
Lower Back Pain	•	•	
Mental Health Crisis/ Suicide Attempt			•
Poisoning			•
Rash/Poison Ivy	•	•	
Routine Wellness	•		
Sexual Assault			•
Sore Throat	•	•	
Sports Physicals	•	•	
Sprains & Strains	•	•	
Stroke Symptoms (numbness, paralysis, slurred speech, etc.)			•
Urinary Tract Infection	•	•	

