

# Community Wellness Day at the Severn Center

Join us for a **FREE**, family-friendly health and resource fair to start your journey to good health.

**Saturday, October 12, 2024 | 10 am - 1 pm**

**1160A Reece Road | Severn, MD 21144**

**Fun and healthy activities for the entire family.**

- Health screenings
- Flu shot vaccinations for ages 3 and up
- CPR demonstrations
- Educational tables
- Produce boxes, while supplies last
- Grab and go meals, while supplies last
- Kids activities
- Live DJ



**SCAN TO LEARN MORE**



[umbwmc.org/  
wellnessday](https://umbwmc.org/wellnessday)

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