

Courtney

SPEAKER SERIES

Join us for an inspiring and informative series of talks featuring prominent speakers sharing their journeys towards health and well-being.

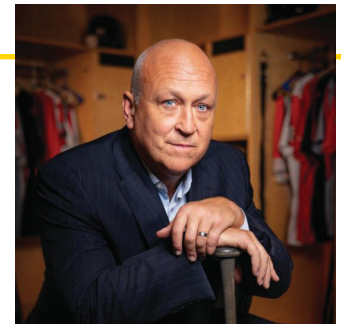
Proudly presented by the **Baltimore Washington Medical Center Foundation**, the Courtney Speaker Series supports our community in building a resilient mindset, maintaining optimal health, and enhancing their overall well-being through engaging presentations and dynamic discussions.

FEATURING CAL RIPKEN, JR.

Just Show Up: Enduring Values from Baseball's Iron Man

Cal Ripken Jr. is a baseball and local community legend. But legends aren't born, they're made.

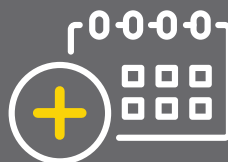
In this talk, Ripken reflects on his life and career, offering lessons-learned for the next generation and those to come. He shares the values he has lived by, stories behind what it took to keep his streak alive and what it meant to bring the World Series to Baltimore. Ripken's message is simple yet poignant, drawn from lessons he has learned on and off the field.



October 17, 2024

7 - 8 p.m.

Courtney Conference Center
Outpatient Care Center,
UM BWMC
255 Hospital Drive
Glen Burnie, MD 21061



REGISTRATION

Registration is required as space is limited.

Visit umbwmc.org/CourtneySpeakerSeries.

