



Safe Sitter

Essentials with CPR

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises that simulate real-life babysitting situations and enable students to practice rescue skills, like choking rescue.

- Class fee is \$50 and includes a Safe Sitter® Kit. Students should bring a lunch. Register early, as classes fill quickly. To register, email Gladys Peeples at Gladys.Peeples@umm.edu.
- For questions, call Stephanie Blades at 410-822-1000, ext. 5234.

UM SHORE
REGIONAL
HEALTH



9 am – 3 pm
Ages 11 to 13

Easton

- January 18
- April 26
- June 21

UM Shore Medical Center at Easton
Health Education Center,
Classroom C/D
219 S. Washington Street
Easton, MD 21601

Chestertown

- June 7

UM Shore Medical Center at Chestertown
100 Brown Street
Chestertown, MD 21620

Register today!

