

Occupational Health Services for Volunteers

KEEPING YOU HEALTHY

Upper Chesapeake Health is committed to supporting the health and well-being of our Volunteers.

As part of this commitment, we offer services that help support a healthy lifestyle.

All of the services listed are free to Volunteers.

IMMUNIZATIONS

➤ All new Volunteers must provide proof of immunity to the following:

- Measles, Mumps, Rubella (MMR)*
- Varicella (Chicken Pox)*
- Hepatitis-B (for clinical Volunteers with patient contact)*

*If proof cannot be provided, the OH nurse will need to draw the Volunteer's blood for the lab to determine immunity:

- This can be done at the time of PPD placement, during our Monday Walk-In Clinics, or an appointment must be scheduled.

*If it is determined that the Volunteer is not immune to these diseases, the Volunteer will be notified and the vaccinations will be offered free of charge.

- Vaccines will be administered during our Monday Walk-In Clinics, or an appointment must be scheduled.

➤ Annual Influenza Vaccinations – **Mandatory October – March**

TB SCREENING PROCEDURES

➤ Two-Step TB Testing

- New Volunteers who cannot provide proof of a negative PPD within the past 12 months will be given a two-step PPD (the test will be administered and read twice within a 2 week period)
- Walk-In Clinics for TB placements and readings are held on Mondays from 8:00am-11:30am and 1:30pm-3:30pm. If Mondays are not convenient for you, please contact the Occupational Health Office to schedule an appointment at 443-643-3428.
- You must return to the Occupational Health Office 2-3 days (48-72 hours) after the PPD is administered for the nurse to read the result:
 - ❖ This is done at quarter to the hour (***except between 12-1pm***) and takes only a couple of minutes
7:45 8:45 9:45 10:45 11:45 1:45 2:45 3:45 (except Mondays at 3:30)
- If the two-step PPD is required, the second PPD test will be administered at least 1 week after the initial PPD testing by appointment or Monday Walk-In Clinic.
- If you fail to return for your second PPD, you will not be allowed to work until it is completed.

*****Please don't forget to call Occupational Health to schedule your 2nd Step PPD in one week!*****

**All Occupational Health Information for Volunteers will be retained
by the Volunteer Services Department**

For more information on any of the services outlined here, please contact the Occupational Health Nurse:

*Upper Chesapeake Medical Center
520 Upper Chesapeake Drive, Suite 211
Bel Air, MD 21014
443-643-3428*