



UNIVERSITY of MARYLAND
UPPER CHESAPEAKE HEALTH

When Your Joints Hurt, It Can Affect Nearly Everything You Do.



At the **Upper Chesapeake Orthopedic Specialty Group**, our surgeons and sports medicine physicians have over 25 years of experience caring for the community. We utilize the most advanced techniques – including minimally invasive joint replacement and robotic arm-assisted surgery – to improve patient outcomes and reduce recovery time for people of all ages and walks of life. And with *personalized treatment plans*, you can be sure your orthopedic care will be tailored to meet your individual needs.

Whether your goal is hitting the tennis courts, playing a round of golf or if you'd simply like to climb the stairs without joint pain, we can help.

Offering a full range of orthopedic care, including:

- Joint replacement
- Care for fractures, sprains and tears
- Cartilage damage
- Shoulder replacement, stabilization or rotator cuff injuries
- Sports medicine and concussion care

Meet the Upper Chesapeake Orthopedic Specialty Group:

William Cook, MD
Chief of Orthopedic Surgery at UM Upper Chesapeake Health

Specializing in outpatient anterior hip replacement, standard and reverse shoulder replacement, primary and revision knee replacement and general orthopedic care

Raj Yalamanchili, MD

Director for Joint Replacement at UM Upper Chesapeake Health

Specializing in robotic arm-assisted hip and knee replacement and general orthopedic care

Ed O'Mara, MD

Specializing in knee and shoulder arthroscopy, knee and hip replacement, fracture care and sports medicine

Richard Zell, MD

Specializing in foot and ankle surgery, orthopedic trauma and fracture care

Sumit Bassi, MD

Medical Director for Sports Medicine at UM Upper Chesapeake Health

Specializing in non-surgical sports medicine, sports physicals and concussion care

Ben Diffenderfer, PA-C

Specializing in general orthopedic and concussion care, sports physicals, osteoporosis and secondary fracture prevention

Don't let chronic joint pain sideline you from the activities you love. Call us today and take the first step toward relieving pain. **I95**

443-643-3130
umuch.org/ortho
Upper Chesapeake Orthopedic Specialty Group

With two convenient locations:

UM Upper Chesapeake Medical Center Pavilion II
510 Upper Chesapeake Drive, Suite 417
Bel Air

The Village of Swan Creek
2027 Pulaski Highway, Suite 100
Havre de Grace

UM Upper Chesapeake Medical Center in Bel Air has been named one of America's 100 Best Hospitals for orthopedic surgery by Healthgrades, which evaluates quality using objective measures including clinical outcomes, patient safety and patient experience.